



The District 1 Connecticut, Massachusetts  
& Rhode Island American Academy of Pediatrics' (AAP) Chapters

*presents*

***“Navigating the Mental Health System from the Pediatrician’s Office”***

Friday, November 13 and Saturday, November 14, 2009  
to be held at the Biltmore Hotel, Providence, Rhode Island

Friday, November 13<sup>th</sup>

10:00 am - 12:45 pm – Registration

12:00 pm – 12:40 pm – Lunch

12:40 pm – 12:45 pm - Welcome – Elizabeth Lange, M.D., FAAP – AAP Rhode Island Chapter President

12:45 am – 2:00 pm – General Session #1 - Panel Discussion - *“How to Discuss Issues on Sexuality with GLBT Youth in the Pediatrician’s Office”* - Moderator - Carole Allen, M.D., FAAP, AAP Massachusetts Chapter President

2:00 pm – 3:00 pm – Concurrent Workshops

- Workshop #1 - *“Early Identification of Emotional and Behavioral Problems in Primary Care Settings”* – Mary Margaret Gleason, M.D., FAAP, - Assistant Professor, Tulane University School of Medicine, Departments of Psychiatry and Neurology of Pediatrics, Associate Training Director, Child Psychiatry and Triple Board Program
- Workshop #2 – *“Mental Health Care in the Pediatric Office: Integrating a Co-Location Model”* – Jean Marconi, M.D., FAAP, Private Practice Pediatrician, Center for Advanced Pediatrics, Norwalk, CT and Andrew Lustbader, M.D., FAAP, Pediatrician and Child and Adolescent Psychiatrist, Medical Director, Child Guidance Center of Mid-Fairfield County, Norwalk CT

3:00 pm – 4:00 pm – Break – Exhibit Hall

4:00 pm – 5:00 pm - General Session #2 - *“The Little Black (Pill) Box: A Comprehensive Approach to Pharmacology in Child and Adolescent Psychiatry”* – Dr. Andrew Lustbader, M.D., FAAP

5:00 pm – 6:00 pm – Concurrent Workshops

- Workshop #3 – *“The World is Not Flat: Mechanisms of Social Development in Two-Year-Olds and the Absence Thereof in Autism”* – Warren Jones, Ph.D., Co-Director, Laboratory of Social Neuroscience Yale Child Study Center, Yale University School of Medicine
- Workshop #4 – *“Sleepy, Dopey, and Grumpy: Sleep and Sleep Disorders in Adolescents”* – Judith Owens, M.D., MPH, FAAP, Director of the Pediatric Sleep Disorders Clinic at Hasbro Children’s Hospital and Associate Professor of Pediatrics at Brown Medical School

6:00 pm – 7:15 pm – Reception - AAP Community Access to Child Health (CATCH) Grant Presentations and Updates on Health Care Reform – Invited guests include Representative Patrick Kennedy and Senator Jack Reed (both of Rhode Island) and AAP President Judy Palfrey, M.D., FAAP

7:15 pm – Dinner on your own

*(over)*

Saturday, November 14<sup>th</sup>

7:30 am – 8:30 am – Breakfast - Regional Chapter Highlights

8:30 am – 9:30 am – General Session #3 – *“The (Inter) Active Child: Facebooking, Sexting and the Electronic Bully”* – Michael Rich, M.D., MPH, FAAP, Director, Center on Media and Child Health (CMCH), Director, Video Intervention/Prevention Assessment (VIA), Children’s Hospital Boston, Associate Professor of Pediatrics, Harvard Medical School, Associate Professor of Society, Human Development, and Health, Harvard School of Public Health

9:45 am – 10:45 am – Concurrent Workshops

- Workshop #5 – *“ABC’s for the Primary Care Pediatrician”* – Mary Margaret Gleason, M.D., FAAP
- Workshop #6 – *“Preventive Interventions for Disruptive Behavior Disorders in the Office”* – Ellen Perrin, M.D., MA, FAAP, Professor of Pediatrics, Director, Developmental-Behavioral Pediatrics, Floating Hospital for Children at Tufts Medical Center

10:45 am – 11:00 am - *Break*

11:00 pm – 12:00 pm - General Session #4 – *“The Invisible Casualties of War at Home”* – Elizabeth Slater, Ph.D., Psychologist, Strategic Outreach to Families of All Reservists (SOFAR) Program, Cambridge, MA

12:00 pm – 1:00 pm – Concurrent Workshops

- Workshop #7 - *“GHB the prototypical ‘Date Rape’ Drug and Ecstasy”* – Angela Anderson, M.D., FAAP, Associate Professor of Emergency Medicine and Pediatrics, Warren Alpert Medical School of Brown University
- Workshop #8 - *“Maternal Depression. The Why and How of Screening in Primary Care”* – Ardis Lee Olsen, M.D., FAAP, Associate Professor of Pediatrics and of Community and Family Medicine, Dartmouth Medical School

1:00 pm – Conference ends

## **Goals and Objectives:**

*General Session #1 - “How to Discuss Issues on Sexuality with GLBT Youth in the Pediatrician’s Office”*

- Identify appropriate questions to ask all adolescents about sexual preferences and gender identity
- Employ strategies for discussing sexuality with patients and parents in culturally sensitive ways
- Utilize tools to improve communication between physicians, patients, and parents on sensitive subjects

*Workshop # 1 - “Early Identification of Emotional and Behavioral Problems in Primary Care Settings”*

- Recognize the rationale for early identification of emotional and behavioral problems in primary care settings
- Learn about available measures for screening and strategies for screening
- Learn in-office strategies and external resources for primary care physicians addressing positive screens

*Workshop # 2 - “Mental Health Care in the Pediatric Office: Integrating an APRN Co-Location Model”*

- Understand the APRN Co-location model
- Learn first-hand how a busy pediatric office can efficiently and effectively provide child and adolescent psychological and psychiatric services in their practice and be compensated for such
- Manage their patients with mental health care needs through the Co-location model

*General Session #2 - “The Little Black (Pill) Box: A Comprehensive Approach to Pharmacology in Child and Adolescent Psychiatry”*

- Understand different classes of psychotropic medications, how they are used and how they work
- Learn algorithms used in choosing medications for their patients
- Understand the risks and benefits of the different medications and other forms of treatment

*Workshop #3 - "The World is Not Flat: Mechanisms of Social Development in Two Year Old & the Absence Thereof in Autism"*

- Identify how children with autism pay attention to basic cues of human biological motion
- Learn how children with autism look at and respond to the direct engagement of a caregiver
- Learn how children with autism follow scenes of peer social interaction
- Understand recent research aimed at answering these questions and present a developmental account of how even small disruptions to these mechanisms of social engagement may accrue into the lifelong impairments in social interaction that come to define autism in later life

*Workshop #4 - Sleepy, Dopey, and Grumpy: Sleep and Sleep Disorders in Adolescents*

- Identify normal sleep development in adolescents
- Learn to evaluate and manage of common sleep disorders in adolescents
- Learn the primary care physicians role in promoting healthy sleep in teens

*General Session #3 - "The (Inter) Active Child: Facebooking, Sexting, and the Electronic Bully"*

- Explore the potential risks and benefits of social networking, instant messaging, texting, and electronic games to the physical, mental, and social health of children and adolescents
- Learn how to evaluate concerns such as cyberbullying, pornography, sexting, and virtual violence
- Learn methods for assisting parents and patients in managing time and methods of interactive media

*Workshop #5 - "ABC's for the Primary Care Pediatrician"*

- Recognize stages of healthy parent-child relationship development.
- Recognize patterns of unhealthy attachment including reactive attachment disorder
- Learn types of interventions for treatment of reactive attachment disorder

*Workshop # 6 - "Preventive Interventions for Disruptive Behavior Disorders in the Office"*

- Learn data supporting efficacy of parent group training in treating disruptive behavior disorders
- Learn three commonly used programs for parent group training
- Recognize "pyramid" sequences of topics presented in Incredible Years parenting program

*General Session #4 - "The Invisible Casualties of War at Home"*

- Understand the magnitude of the mental health crisis among our soldiers and marines serving in Iraq and Afghanistan
- Identify effects those mental health disturbances on family members, especially children, with special attention to absence and separation, Post-traumatic Stress Disorder, marital conflict, domestic violence and suicide
- Understand the all-important role of pediatricians as first responders and outline simple measures to identify children and adolescents in need of help

*Workshop #7 - "GHB the prototypical 'Date Rape' Drug and Ecstasy"*

- Learn the pathophysiology of GHB and Ecstasy overdoses
- Recognize the signs and symptoms of GHB and Ecstasy ingestions
- Describe the management of GHB and Ecstasy overdoses
- Recognize that ecstasy overdose may present as psychiatric illness

*Workshop #8 - "Maternal Depression. The Why and How of Screening in Primary Care"*

- Understand the process by which maternal depression impacts parenting, child health, and behavioral outcomes
- Learn practical approaches to screening for parental depression
- Learn how to successfully implement parental depression screening at well visits

*The Massachusetts Chapter of the American Academy of Pediatrics designates this educational activity for a maximum of 8.25 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.*

*This program meets the criteria of the Massachusetts Board of Registration in Medicine for risk management study for 3 credits.*

*The MCAAP is accredited by the Massachusetts Medical Society to provide continuing education for physicians.*



# Registration Form

## The Connecticut, Rhode Island and Massachusetts Chapters of the American Academy of Pediatrics

*presents*

### *The AAP District I CME Program*

### ***“Navigating the Mental Health System from the Pediatrician’s Office”***

*Friday and Saturday, November 13 and 14, 2009  
at the Biltmore Hotel, Providence, RI*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ St. \_\_\_\_\_ Zip: \_\_\_\_\_

\*E-mail Address \_\_\_\_\_

\*(confirmation will be sent via e-mail)

Telephone: \_\_\_\_\_

Amount Enclosed: \_\_\_\_\_

***Limited Space! Register Today!***

### ***Registration Fees:***

AAP Member	\$175 per person (before September 21st) \$225 per person (after September 21st)
Non-Member/Guest	\$225 per person
Residents & Students	No fee, but must be registered

**Deadline for registration is November 6, 2009**

Please make check payable to the Foundation for Children  
and return it with your completed registration form to:

Jillian Wood, Executive Director  
CTAAP/Foundation for Children  
104 Hungerford Street  
Hartford, CT 06106  
860-727-9863 (fax)

*(over)*

Please call or e-mail Jillian Wood at 860-525-9738 or [jillianwood@sbcglobal.net](mailto:jillianwood@sbcglobal.net) to register or for more information. Once registered, you will receive a confirmation and more information about activities in the Providence area.

The special overnight rate at the Biltmore Hotel is only \$139. To register, please call the Biltmore Hotel directly at 800-294-7709 and indicate that you are attending the Foundation for Children/District 1 AAP Conference.

Workshop Choices: Please choose one from each time slot.

(First Come, First Serve Basis)

Friday, November 13

2:00 pm - 3:00 pm      Workshop 1 \_\_\_    Workshop 2 \_\_\_

5:00 pm - 6:00 pm      Workshop 3 \_\_\_    Workshop 4 \_\_\_

Saturday November 14

9:45 am - 10:45 am      Workshop 5 \_\_\_    Workshop 6 \_\_\_

12:00 pm - 1:00 pm      Workshop 7 \_\_\_    Workshop 8 \_\_\_